

**ADVICE & GUIDELINES ON PROFESSIONAL CONDUCT**  
**FOR DISPENSING OPTICIANS**

**APPENDIX B [2] - CONTACT LENS SPECIFICATION**

**Contact Lens Specification**

The issue of the contact lens specification and its expiry date should be noted - and it is advisable that a copy be made of the document issued and kept in the patient's records.

In Section 5 - Practice Management [paragraphs 5.5 - 5.8] dispensing opticians are advised as to the keeping and storing of patients' records, the effect of the Access to Health Records Act 1990 and the duty to preserve the records' confidentiality. In relation to contact lens work this advice is particularly important.

Where aftercare is concerned, when a patient is told of the arrangements for aftercare, or afterwards, if it appears that the patient will not return for further consultation or treatment despite several reminders; or, if faced with a downright refusal, the contact lens optician should record the facts in his records. No further lenses should be supplied without the patient attending for aftercare.

For a sample Contact Lens Specification form which can be personalised with your practice details, see Appendix B [2] Sample Contact Lens Specification form for personalisation.